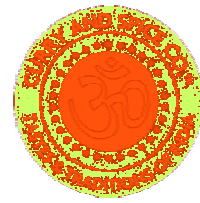


CAS Foods LLC

Spice up your dinner!



www.casfoods.com



FOR IMMEDIATE RELEASE

July 2005

Nimi Cas

**102 Providence Rd
Charlottesville VA 22901
1-434-978-4804**

press@casfoods.com

Curry sauce wins award

Charlottesville, VA - Curry And Spice Co.™ award winning curry simmer sauces are authentic and ethnic with names and flavors as old as the Himalayas. The six flavors include, Mogul Masala, Madras Masala, Goa Coconut, Vindaloo, Gosht Masala and Garam Masala. They were launched in September 2004 at a local store, Foods of All Nations. Word spread quickly and one of the sauces won the attention of food pundits. The Goa Coconut Curry was a silver medalist at the Fancy Food Show in NYC in 2005.

"It authenticates what we do. We know the curry is great, now the world knows it. I am very pleased with the award", says entrepreneur owner, Irene Castelino, from her home in Charlottesville, Virginia.

Irene came to Charlottesville from Bombay, India when she married Ron, 20 years ago and set down her roots. Unable to find good curry or ingredients, she started making her own curry while working as a nurse at the University of Virginia. One day, she decided to bottle the curry! "Curry simmer sauces allow the consumer to cook gourmet Indian food in minutes for a fraction of the cost of eating out", says co-owner and husband Ron Castelino.

Indian Curry Sauces add excitement, flair and diversity to the American dining experience. Curry sauces are a favorite among the time-stressed consumer, busy mothers wanting to cook "home-cooked" meals and the "twenty-something's", trying ethnic foods. Curry is very versatile. You can grill, bake, marinade and of course, make a "curry". Meat or vegetables cooked in a spicy sauce is also mistakenly called "curry". Add rice or bread and salad and you have a gourmet meal in minutes... Curry And Spice Co. products are available online at

www.casfoods.com and at area groceries and specialty stores.

About Curry And Spice Co.™

CAS Foods LLC was established in 2004 in Thomas Jefferson's Charlottesville, Virginia. Irene and Ron Castelino originally from Goa, India, formerly a Portuguese colony on the west coast of India. 50% of the people are Catholic after the missionaries converted Hindu Indians 400 years ago and therefore the western names. Curry And Spice Co. is a division of CAS Foods LLC. For more information please visit www.casfoods.com

###